

4-H is group of youth between the ages of 5 and 19 years old who are interested in having fun while learning. **4-H** is for the whole family: Moms, Dads, Brothers, and Sisters, everyone in your family. **4-H** is not just for "farm" families...it's for everyone and it doesn't matter where you live. Every youth can be a **4-Her**.

4-H is an international informal education program for youth taught by volunteer adults and teens. It is part of Cornell Cooperative Extension with an educational base at Cornell University. **4-H** receives public and private support at the local, state, and federal level. **4-H** is a low cost activity; we do charge a small fee for youth to be a part of our program (family rate). Many organizations also use **4-H's** project material to enhance their programs.

Some youth will want to join **4-H** clubs; others will participate for only a few weeks in a special project interest group. You may become involved in **4-H** through any agency in the community, or even through school.

4-H'ers participate in many activities such as County and State Fair, Clothing Revue, Trips, Interstate & International Exchange, Camp, Clinics, Career Exploration, Public Presentation, Produced in New York cooking contest, Educational Workshops (basket weaving, home environment/crafts, CPR, Tractor Safety, ATV Safety, Candle Making, Genealogy, Small Animals, Teen Health and many, many, more.

An adult may want to look into volunteer work with **4-H**. They too can contact our office and find out how they can be of help.